

This is Public Health

Time: ~15 minutes

Rationale: Learning in the classroom can only go so far. What's more important is that students are able to cite examples of public health in their daily lives and are able to recognize its benefits. This is the ultimate goal of the class: to increase awareness of public health and its impact.

Materials:

- This is Public Health video (link: http://www.thisispublichealth.org/video_highres.html)
- video projector
- Optional: This is Public Health stickers
link for purchase: <http://www.shoppublichealth.org/thisispublichealthcampaign.aspx>

Class Setup:

- play the video
- after playing the video, go around in a circle and ask each student to come up with one example of public health in their daily lives not mentioned in the video. Be clever!
- pass out This is Public Health stickers to students. Instruct students to post these stickers on examples of public health WITH PERMISSION in school, at home, or in their communities in an effort to spread awareness on public health. Students may take additional stickers if necessary. Enjoy! :)

Additional Resources:

- stickers in other languages:
<http://www.thisispublichealth.org/TIPHStickers.html>
- buttons, t-shirts, and calendars are also available on the merchandise website

